

## ❄️ CYCLE 1: SNOW MOON CYCLE

**Full Moon Energy:** Resilience, renewal, transformation, hope

**Cycle Dates:** January 18 - February 17, 2026

*This is where our 2026 lunar journey begins!*

### Phase Journey:

#### 🌑 New Moon - January 18, 2026 |

*Planting Seeds of Resilience*

Set intentions for renewal; trust in transformation; plant seeds of hope even in the cold

#### 🌒 Waxing Crescent - January 19-24 |

*Building Resilient Momentum*

Take hopeful steps forward; build strength through small actions; trust transformation is beginning

#### 🌓 First Quarter - January 25, 2026 |

*Resilient Problem-Solving*

Push through obstacles with renewed strength; make decisions that honor transformation; find hope in challenges

#### 🌔 Waxing Gibbous - January 26-31 |

*Trusting Transformation*

Refine with resilience; trust renewal takes time; be patient with the transformation process

#### 🌕 FULL MOON (SNOW) - February 1, 2026 |

*Peak Resilience & Transformative Release*

Celebrate your strength; release what no longer serves your transformation; honor resilience; embrace hope fully

#### 🌖 Waning Gibbous - February 2-8 |

*Sharing Resilience Wisdom*

Share how you've persevered; teach others about hope; integrate transformation lessons

#### 🌗 Last Quarter - February 9, 2026 |

*Releasing for Renewal*

Let go with resilience; forgive to enable transformation; release old patterns with hope

#### 🌘 Waning Crescent - February 10-16 |

*Resilient Rest*

Rest in transformation; surrender to renewal; restore hope through deep rest